

THA INTERVENTION (OPIOID-FREE)

DISCLAIMER: The medications listed below may or may not apply to your surgery. The medications listed here are ones that were used as part of an opioid-free surgery research study, and the exact medications and dosages used for each patient varied depending on the type of surgery that was conducted. This list is not intended to be an all-encompassing list of potential medications that can be used for reducing opioids in your treatment. It is nothing more than an example or guideline of potential opioid-reducing options. This list is not medical advice.



		Hip (THA)
PreOp	Gabapentin (PO)	300mg
	Tylenol (IV)	1000mg (may substitute to PO if IV Tylenol is not available)
	Meloxicam (PO)	15mg
	Scopolamine Patch	Yes (if age < 75)
	Single-shot Spinal	1.5-2.0cc 0.75% Bupivacaine (upright in OR)
IntraOp	Local Injection	CERT
	Block	
	Toradol	30mg IV push x 1 dose (adjust for CrCl) - (given at end of sx or in PACU)
	Zofran (IV)	4mg
	Decadron	10mg
PACU	Cryotherapy	Yes
	Tylenol (IV) - *up to daily maximum dose allowable per institution	1000 mg q6hr x4 doses (continues into postop) (may substitute to PO if IV Tylenol is not available)
	Tylenol (PO) - *up to daily maximum dose allowable per institution	
PostOp	Cryotherapy	Yes (q8h)
	Toradol (IV)	15mg q8h x5 doses (can be redosed to a total of 30mg q8h) - available for rescue
	Tylenol (IV) - *up to daily maximum dose allowable per institution	1000mg q6h PRN*
	Tylenol (PO) - *up to daily maximum dose allowable per institution	500mg q6hr PRN*
	Gabapentin	300mg q8h
	Meloxicam	7.5mg q24h
	Decadron	10mg (1 dose - postop day #1)
Discharge	Cryotherapy	
	Toradol (PO)	
	Meloxicam	15mg q24h x 28d
	Gabapentin	300mg q8h x 14d
	Tylenol	325mg q4h PRN
	ASA	81mg BID x 28d